

**THE FOLLOWING PROGRAMS/COURSES HAVE BEEN APPROVED BY THE
ADVISORY COMMISSION FOR PHYSICAL THERAPISTS FOR CONTINUING
EDUCATION HOURS FOR PHYSICAL THERAPISTS AND PHYSICAL
THERAPIST ASSISTANTS**

(This list is not all inclusive)

1. Courses approved by the APTA, a state chapter of the APTA, specialty sections/boards of the APTA
2. Courses approved by the American Medical Association (AMA) which at least in part relate to practice of physical therapy
3. Courses approved by the American Osteopathic Association (AOA) which at least in part relate to practice of physical therapy
4. Federation of State Boards of Physical Therapy (FSBPT)
5. Cardiopulmonary Resuscitation certification or recertification – applicable once during each two year reporting period (hour for each hour of actual attendance-must submit documentation of number of hours in actual attendance)
6. Most Business Courses if related to the administration of management of physical therapy
7. Credit hours toward a degree at a Regionally Accredited College or University to include, but not limited to: an advanced degree in physical therapy, nursing, massage therapy, respiratory care, medical/osteopathic, athletic training
8. McKenzie Institute
9. Dogwood Institute – Must be related to physical therapy
10. NDT (Neuromuscular Developmental Technique)
11. Paris
12. St. Augustine Courses
13. Maitland Institute
14. Feldenkrais – Neuro Rehab., Posture & Gait
15. St. John's Institute – Massage and Myofacial Techniques
16. Lerner
17. Klose-Norton – Lymphedema and Massage
18. Brian Mulligan Courses
19. Jennie McConnell Courses
20. Leonard Matthisson – Functional Capacity Courses and Occupational Medicine Courses
21. Keys Functional Assessment Courses
22. National Athletic Trainers Association – must meet criteria outlined in Rule 4 CSR 150-3.203
23. District Meetings – must meet criteria outlined in Rule 4 CSR 150-3.203
24. PPS – Presented by a physical therapist regarding the provisions of physical therapy services

25. Home Health Courses – Presented by a physical therapist regarding the provision of physical therapy services
26. APTA Clinical Instructor Credentialing Course
27. International Academy of Orthopedic Medicine – US (IAOM-US)
28. Neuro-Orthopedic Institute (<http://www.noigroup.com/>) courses
29. The North American Institute of Orthopaedic Manual Therapy (NAIOMT Courses)
30. Isernhagen Institute
31. Professional Health & Fitness Institute
32. The Matheson Institute System
33. Susan Isernhagen
34. GREAT Seminars and Books, Inc.
35. Any activity/course documented to be directly related to the practice of physical therapy, to be an organized program of learning, with specified goals and objectives, and conducted by individual(s) who has education, training and/or experience by which said individual(s) is considered qualified and/or an expert on the subject matter being presented.

**THE FOLLOWING SPEAKERS HAVE BEEN APPROVED BY THE
ADVISORY COMMISSION FOR PHYSICAL THERAPISTS FOR
CONTINUING EDUCATION HOURS FOR PHYSICAL THERAPISTS AND
PHYSICAL THERAPIST ASSISTANTS**

1. Richard Jackson – Relating to Ortho, Pelvic, Lower Extremity Patterns, Back Pain
2. Brian McEwen
3. Gary Gray
4. Carole Lewis
5. Ola Grimsby
6. John Barnes – Massage and Myofascial Techniques

**THE FOLLOWING ARE NOT APPROVED FOR CONTINUING EDUCATION
FOR PHYSICAL THERAPISTS AND PHYSICAL THERAPIST ASSISTANTS**

1. Pottery classes
2. Book reports

THERE IS NO LIMIT AS TO THE AMOUNT OF CONTINUING EDUCATION HOURS YOU MAY OBTAIN VIA INTERNET/HOME STUDY.

PROPER DOCUMENTATION OF CE:

1. A CE document from the APTA, or any of its components, the AMA, the AOA, the FSBPT specifically listing the CE course completed by the specified licensee, the date, time and place of the course and the actual number of CE clock hour accumulated for the program;
2. A certificate of attendance bearing the original signature of the sponsor of the course/seminar/program specifically identifying the licensee as the certificate holder, the program title and names of the presenter(s), the goals and objectives of the course/program, the location in which the course took place, and actual number of CE clock hours accumulated for the program;
3. An official transcript from a regionally accredited college or university indicating successful completion of academic coursework in appropriate subject matter related to practice of physical therapy specifically reporting that the licensee earned a grade of at least a "C" for that course, and the number of credit hours awarded for the course.

FOR ADDITIONAL REQUIREMENTS OF CE DOCUMENTATION, PLEASE REFER TO RULE 4 CSR 150-3.203 "ACCEPTABLE CONTINUING EDUCATION" AT <http://pr.mo.gov/healingarts.asp>.

FREQUENTLY ASKED QUESTIONS

Q: When did the continuing education rules become effective?

A: The rules regarding continuing education requirements became effective in **August of 1999**. The first reporting period was January 1, 2000 – December 31, 2001. **Rules may be accessed at <http://pr.mo.gov/healingarts.asp>.**

Q: How was this information distributed to licensees?

A: This information was on the physical therapist and physical therapist assistant 1999 and 2000 renewal applications, was presented during MPTA's Spring and Fall 2000 and 2001 meetings by individual speakers, presented at district meetings, presented to students by members of the Commission/Board. Articles have appeared in the Advisory Commission newsletters, and **rules have been published in the Healing Arts Practice Act since July 2000.**

Q: **I received my license via reciprocity** and did not obtain my Missouri license until the second year of the reporting period and the state I came from did not require CEU's. How many hours must I have to renew my license?

A: All physical therapists and physical therapist assistants must obtain at least 30 hours of acceptable continuing education each reporting period regardless of the date their license was issued.

Q: Do I have **two years from the date my license was issued** to obtain my 30 hours of continuing education?

A: No, all physical therapists and physical therapist assistants have the same 2 year reporting period.

Q: My **license expires on January 31st**, so do I have until January 31st to complete my 30 hours?

A: No, the 2 year cycle runs from January 1 to December 31 of each reporting period.

Q: If I obtain more than 30 hours in one reporting period **can I carry the extra hours into the next reporting period?**

A: No, hours can not be carried over into the next reporting period.

Q: How long must I **keep documentation of my hours?**

A: Documentation must be kept for a minimum of four years after the reporting period in which the continuing education was obtained.

Q: What if I **have not completed my 30 hours by December 31?**

A: Your license cannot be renewed unless the 30 hours have been completed by December 31st and you cannot practice as a physical therapist or physical therapist assistant until your license has been renewed. You may work as a tech or an aide until your license has been renewed.

Q: What do I do if I **need to request an extension?**

A: All extensions must be received by the Board no later than December 31st on a form provided by the Board and submitted with the processing fee of \$50.00. Refer to **Rule 4 CSR 150-3.202 “Continuing Education Extensions”** at <http://pr.mo.gov/healingarts.asp> for specific requirements for requesting and/or obtaining an extension of time to complete the required 30 hours.

UPDATED: MAY 2004